

DRAMATICALLY REDUCING EMBODIED CARBON IN EUROPE'S BUILT ENVIRONMENT

Simone Mangili, Executive Director October 19, 2023



Who We Are

An alliance of leading global cities working collaboratively to achieve carbon neutrality in the next 10-20 years while demonstrating innovative solutions and policy approaches to inspire other cities to reach carbon neutrality as quickly as possible

CNCA member cities are globally influential, have demonstrated deep carbon reductions, and are vocal leaders and risk takers



Adelaide	•	Amsterdam	I	Boston	•	Boulder		Copenha	igen	•	Glasgow	•	Helsinki		
London ·		Melbourne	•	Minneapolis	•	NYC	•	Oslo ·	Port	land	• Rio de	e Ja	aneiro •	;	San Francisco
Seattle ·		Stockholm	•	Sydney ·	Т	oronto	•	Vancouver	•	Was	shington, DC		• Yokoh	nam	а



Climate Leaders of Vanguard Cities Seek the CNCA Community to:





What Are Scope 3 Emissions?



https://www.c40knowledgehub.org/s/article/Consumption-based-GHG-emissions-of-C40-cities?language=en_US

45% of global greenhouse gas emissions can be attributed to the production of materials, products, and food, and to land management.





Image source: Ellen MacArthur Foundation, <u>Completing the Picture: How the Circular Economy Tackles Climate</u> <u>Change</u>

What is Embodied Carbon?





Annual Global CO₂ Emissions



The built environment generates 40% of annual global CO2 emissions. Of those total emissions, building operations are responsible for 27% annually, while building and infrastructure materials and construction (typically referred to as embodied carbon) are responsible for an additional 13% annually.

© Architecture 2030. All Rights Reserved. Data Source: IEA (2022), Buildings, IEA, Paris

Building Construction Industry and Other Construction Industry represent emissions from concrete, steel, and aluminum for buildings and infrastructure respectively.



Global building floor area is expected to **double** by 2060.



© Architecture 2030. All Rights Reserved. Data Sources: Global ABC, Global Status Report 2017 Global building floor area is expected to double by 2060.

To accommodate the largest wave of urban growth in human history, we expect to add 230 billion m² of new floor area to the global building stock, the equivalent of adding an entire New York City to the world, every month, for 40 years. :NCA

Annual Global CO₂ Emissions



Aluminum (2%)

© Architecture 2030. All Rights Reserved. Data Sources: Global ABC Global Status Report 2018, EIA Just three materials – concrete, steel, and aluminium – are responsible for 23% of total global emissions (most of this used in the built environment).

Opportunity for embodied carbon reduction in these highimpact materials through policy, design, material selection, and specification.

Why Cities?

Manage and govern an extensive portfolio of buildings

Approve renovation and building permits

Through green public procurement they can influence the private sector

As the closest level of government to citizens, they can support building owners and help match supply and demand for the reuse of



A policy framework for embodied carbon





CITY POLICY FRAMEWORK FOR DRAMATICALLY REDUCING EMBODIED CARBON

52 detailed policies to reduce embodied carbon embodiedcarbonpolicies.com



What are the policy tools out there?

How do they rank in terms of emission impact, cost-efficiency and their legal basis?

Gives cities researchbased choices

Dramatically reducing embodied carbon in Europe's built environment

The following tables have been developed under the framework of the project "<u>Dramatically Reducing Embodied Carbon in Europe's Built</u> <u>Environment</u>", launched by Carbon Neutral Cities Alliance (CNCA) in 2021 with the support of the Laudes Foundation.

The suggested recommendations result from the technical assessments conducted by One Click LCA throughout 2021/2022 of leading European cities' current laws impacting embodied carbon and bio-based materials and their possible policy paths and actions forward.

The project involves more than 10 European cities and builds on <u>CNCA</u> Embodied Carbon City Policy Framework, published in 2020.

Recommendations



Zoning and land use



Building regulation and supervision



Procurement



Waste and circularity



Municipal buildings



Urban design guidelines



ABOUT THE PROJECT

The Carbon Neutral Cities Alliance's **"Dramatically Reducing Embodied Carbon in Europe"** project aims to foster widespread adoption of ambitious local, national and regional policies that will reduce embodied carbon and increase the uptake of bio-based materials in the built environment in Europe. The project was launched in 2021 with the support of the Laudes Foundation and will run through the end of 2023.

Targeted technical assessments



- Technical Assessments conducted by One Click LCA in 2021-2022
- Working with cities to analyze current policy development initiatives, & regulatory frameworks that impact embodied carbon and bio-based materials
- Delivering policy recommendations and insights to decarbonize cities' built environment



https://carbonneutralcities.org/wpcontent/uploads/2022/11/Technical-



Zoning and land use

covers policies on what can be built where and land sales / leases. Zoning and land use policies are a key instrument for embodied carbon reduction across the entire construction sector.



Set zoning requirements for bio-based materials

RECOMMENDED ACTION

CITIES

Embodied carbon and bio-based materials in strategic plans and policies

Due to the future role of climate change and life-cycle emission reductions in the construction sector, the city should also enhance the assessment of all construction related emissions, including material usage along with energy usage into the scope of emissions measured and tracked. The city should also encourage the usage of biobased materials, such as timber, in all construction as well as include biobased materials into urban design guidelines and zoning requirements.

Embodied carbon and bio-based materials in tendering process

Emphasis of embodied carbon and biobased materials in the tendering criteria alongside environmental aspects for all competitions. The usage of biobased materials in constructions, when technically plausible, should be considered in the sub criteria along with emissions from the whole life cycle of materials. Alternatively, the city could set a requirement for the minimum share of biobased materials in new construction. All biobased materials used should be sustainably sourced.

Use of wood in construction

Requiring bio-based materials through zoning (either by requiring sustainable wood in the façade and frame, or by adding a minimum requirement for bio-based products).

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Building regulation and supervision

policies exert influence over all private and public construction, making these policies effective carbon reduction instruments.





Procurement

policies allow for leveraging the use of taxpayer money towards embodied carbon reduction.



Carbon limits for key building materials for city projects

RECOMMENDED ACTION

CITIES

B

Do

B

INTERLINKED POLICY

Green public procurement for public buildings

EPDs in public works and procurement

EN 15804 / ISO 21930 compliant Environmental product declarations demonstrate the environmental performance of building products. Where sustainability and circularity are considered in cities' documents, requiring third party verified EPDs should be separately noted. Cities should require the following for public procurement, when possible, by governmental regulation:

- For all main building materials, projects shall require suppliers to provide company specific Environmental Product Declarations (EPD) in compliance with EN 15804 / ISO 21930 and ISO 14025.
- The EPDs used must be valid at point of specification and cover the products supplied. Product embodied carbon performance data, including EPDs, shall be recorded and submitted as part of the project documentation.

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Third party verified EPD

For comparability and reliability of environmental performance, the city should require EPDs used to have a third-party verification, and not only internal verification by the city. EPDs should also be in compliance with EN 15804 / ISO 21930.





Municipal buildings

policies specifically target buildings that are owned and/or operated by the city, which typically account for a small percentage of total citywide building stock.





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Most recommended policies

Bio-based materials

- Promote the usage of biobased materials in public space projects whenever technically and aesthetically viable
- Prioritize the use of wood as the predominant frame and façade material
- Include biobased materials into strategic plans
- Set zoning requirements for bio-based materials
- Include biobased materials in standard construction requirements
- Encouraging the use of timber in all city-owned projects





oundation

in the Built Environment

Factsheets



Communicating the Importance of Embodied Carbon and Bio-based Materials

Foundation

in the Built Environment

Q&/







Bio-based materials

What are bio-based materials and how are they used in construction?

Simply put, bio-based materials are made from biological matter. They are renewable materials whose main constituents are originally derived from living organisms – which may be natural or synthesised – and exist in nature.

Bio-based materials can potentially be used in a range of building materials, such as bricks, wool insulation and plaster. Sustainably-sourced wood is increasingly touted as a lighter, easier-to-handle, more environmentally-friendly and safer alternative to concrete and steel, which is also durable. While metal and concrete absorb, emit and reflect heat, warming cities, wood does not.

Does bio-based also mean biodegradable?

No. Biodegradability occurs when organic matter is given the right conditions - in presence of microorganisms, fungi, or bacteria - to break back down to its basic components. Fossil-based materials can be biodegradable.

Bio-based materials can also be biodegradable but this does not automatically make them more sustainable. Biodegradable materials of all types can lead to unsustainable processes like releasing damaging chemicals, taking many years to break down.



make them

sustainable.

more



Are bio-based materials always more sustainable?

As bio-based materials use renewable feedstock, it is likely that overall carbon emissions will be reduced against fossil fuel alternatives. Waste can be minimised, and handling expenses will decrease compared to traditional chemicals.

Bio-based materials are also a way to boost business opportunities in cities looking for a green, post-pandemic recovery – and create a global business model with a local value chain. The EU bioeconomy sector employs around 22 million people and its annual turnover is ≤ 2 trillion.

However, bio-based materials are not automatically more sustainable or circular. For example, despite higher carbon emissions emitted during production, the recycling and upcycling value chain needs to be considered in the round when considering the <u>overall carbon</u> <u>footprint</u> of bio-based materials against polymers. – so may have an overall lower carbon footprint. Therefore, it is important to consider and address issues such as resources, feedstock, energy use and recycling when discussing bio-based materials. Encouraging more LCAs is likely to make bio-based materials a more attractive solution for the construction sector.

How does industry view bio-based materials?

While brands are increasingly setting targets for bio-based procurement and products – and cite consumer demand and public image as driving uptake – many require more information on barriers to adoption, such as pricing, availability and performance.

Again, it is important to openly consider and address these issues when discussing bio-based materials. It is also important to keep in mind that all carbon-intensive industries will increasingly be affected by climate regulation and fossil-based materials will become increasingly expensive.

Why are cities choosing to focus on bio-based materials in construction?

Under the right conditions, bio-based materials are the most sustainable option, helping the construction sector reduce embodied carbon and helping cities to reach Net Zero by 2050.

As urban planning changes to accommodate new ways of life and post- pandemic realities, bio-based construction materials are an opportunity to stimulate more sustainable procurement and create greener, local jobs using renewable feedstock.



Co-funded by the **European Union**



BIO-BASED

AND CIRCULAR BUILDINGS FOR HEALTHY, **CLEAN CITIES**

A Handbook to help cities reduce embodied carbon in construction

Healthy, Clean Cities EU CINCO - EUropean Cities for climate-Neutral Construction

July 2022



a dialogue between our ambitions and the facts

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vths

scussing

Design: SeARCH Picture: Lior Teitler for Moso International





INTRODUCTION HOW TO READ

BUILDING QUALITY & PERFORMANCE

ENVIRONMENT & CLIMATE

FORESTRY & WOOD AVAILABILITY



M1: timber buildings are unsafe and weak

M2: timber buildings do not last long

M3: timber buildings are not fire safe

M4: timber buildings have poor acoustics

M5: timber buildings look like log cabins

M6: harvesting and processing make the forestry and timber sector a huge carbon emitter

M7: timber buildings are incinerated at the end of their life

M8: the glue used in mass timber negates its environmental benefits

M9: building more in timber destroys forests worldwide

M10: it is always better to leave forests alone

M11: there is not enough wood in the European forests to meet housing demand M12: timber is always more expensive than traditional construction





CNCA & ARUP partner to develop carbon neutral buildings handbook for cities



- Designed as an interactive tool that urban policymakers & planners can tailor to specific building projects
- Offers cities a practical approach to reduce CO2 emissions through low carbon construction
- Visualizes processes for evolving procurement to accelerate use of bio-based building materials
- Provides general and locationspecific guidance on the procuring biobased & low-carbon building material



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Timber Structure and Envelop

Description

Structural timber refers to timber that is strength graded for construction use. The classification system gives reasonable predictions of the structural performance of the individual piece of timber, ensuring it can withstand the highest anticipated load. In general across Europe, the grading is regulated by Building Standards, in accordance with EN 14081. Structural timber can be either sawn directly from logs, or it can be processed into Engineered Timber.

Engineered Timber is another form of structural timber. A broad term, it can refer to timber processed to make use of waste, or to timber processed to improve the performance of the construction product. Commonly used engineered timbers are: Engineered Joists, Cross Laminated Timber (CLT), Glue Laminate Timber (Glulam), Structurally Insulated Panels (SIPS) and the innovative new Dowel Laminated Timber (DLT).

It is important to highlight that timber based products are also widely used as cladding material as well as lining.

Technical Performance

EN 1995 contains the mechanical resistance, serviceability, durability and fire resistance of timber structures.

The carbon assessment of timber is highly sensitive to sourcing, as well as, the recorded energy mix and energy use during production. Refer to the IStructE's guide for "Mass timber embodied carbon factors". Considerations of the processing and transportation of structural timber products is necessary in order to calculate an accurate GWP.

Healthy & Safe

Timber is intrinsically a healthy and safe material however it may be subjected to processes where additives are added. Engineered timber products such as CLT and Glulam, for example, contain adhesives such as Polyurethane, two-part thermosetting adhesives or single pack adhesives. Adhesives such as PRF, MUF or MF contain added formaldehyde which is a known carcinogen which is also toxic, and causes skin and eye damage. Production methods have greatly reduced formaldehyde emissions and these can be reduced further by selecting no added formaldehyde products, however this can affect the performance (as formaldehyde-based adhesives are typically the most durable, moisture and heat resistant).

Similarly, additional sealants, intumescent paint or varnish or chemical treatments may be specified in order to improve fire and/or moisture resistance of timber elements Compliance with COSHH, REACH, ECHA, as well as local building regulations should be checked for individual products.

Responsible Sourcing

The wood used in engineered timber products comes from trees grown in forests worldwide. Re-growing these trees and maintaining ecological systems is essential to mitigate the impacts of climate change. Understanding how our forests can be maintained and restored to become sustainable sources of wood requires intricate knowledge on the wider carbon cycles and the importance of biodiversity.

On a global scale, forests are key in managing and maintaining the earth's carbon balance as they act as one of the world's largest carbon sinks by storing carbon in soil long-term . If managed correctly, harvesting improves the carbon balance of forests in the long run .

In Europe, almost all timber is grown sustainably; however, there are two global certification schemes (FSC and PEFC) which ensure supplies are from sustainably managed forests . Being conscious about where timber is harvested from plays a significant role in creating carbon stores and lowering greenhouse gas emissions. The ability to protect and restore these forests lies within the



Village Walk Mall © Arup

Circularity

At the of its end-of-life timber products can be reused, processed into other products such as panel boards or animal bedding or used as biomass fuel (which returns the sequestered carbon back to the atmosphere). However surface treatments (paints and varnishes) and other chemical treatments (for preservation or fire performance) may impact the ability for timber products to be recycled.

Scale of Production



ARUP

Bamboo

Structure and Envelop

Description

More than 1,600 bamboo species have been identified worldwide, but only a few possess the characteristics that make them compatible for construction. Moso, Asper and Guadua are the most common.

Bamboo as a structural element can be used directly from bamboo culms or processed into Structural Engineered Bamboo (SEB). Natural bamboo is vulnerable to insects, fungi and ultraviolet radiation, hence it usually requires additional chemical treatments in order to improve durability.

SEB products improve the performance of the building product. Laminated bamboo is produced from flat bamboo strips, which are laid horizontally or vertically and adhesively fixed together, producing base material for different applications. The density and strength of laminated bamboo can be compared to that of laminated timber products, however, they are likely to consume more energy due to the higher amount of processing, waste and adhesives required.

Technical Performance

Like trees, different bamboo species have different structural and mechanical properties. For example, some have large, straight culms, while others are smaller and more flexible. In addition, there are other conditions in bamboo growth that can affect the mechanical properties of bamboo within a species, such as climate, altitude and soil. Tropical bamboos tend to be taller and larger than temperate bamboos and have thicker walls, which usually translates into better structural and mechanical properties. ISO 22156 contains the requirements for mechanical resistance, serviceability and durability of bamboo structures.

The embodied carbon of bamboo is highly dependent on whether energy is required for drying the bamboo or heating up the treatment liquid. Furthermore given the locations bamboo grows embodied carbon associated to transportation may dominate the total global warming potential. Considerations of the processing

Healthy & Safe

Bamboo is inherently a healthy and safe material, but to improve its properties it can be subjected to processes in which chemical additives are added.

Chemical treatments containing boron or copper based chemicals may be specified to improve the fire and/or moisture resistance of these timber elements. Furthermore, through the incorporation of varnishes or during the manufacture of bamboo laminate products containing formaldehydes or other harmful compounds may be added to the product. Compliance with COSHH, REACH, ECHA and local building regulations must be checked for each product.

Responsible Sourcing

Bamboo is a rapidly self-generating crop: it grows fast, and when well managed it can be harvested without the need to replant. Bamboo grows in a "belt" running through tropical, subtropical and temperate climates around the globe, and up to 3500m altitude. Depending on the species, bamboo can be ready for harvesting in less than 10 years. It has a higher yield per hectare and greater resilience than traditional timber resources.

When suitably managed, bamboo plantations may aid restabilising eroded landscapes, enhancing soil health and preventing erosion. However, special care must be taken with bamboo plantations and their relationship with ecosystems as some species can become invasive if not strictly controlled.

Similarly to timber, it is maintaining ecological systems around these crops to mitigate the impacts of climate change. Products with FSC certification or similar should be sought to ensure supplies are from sustainably managed plantations.

Circularity

Bamboo cannot realistically be recycled, but it can be reused, for example, for building something else.

SEB elements can be reused, transformed into other products such as fibreboard, particleboard, flooring, furniture or used as biomass



© Laminated Bamboo by ReNüTeq

At the end of its useful life, depending on the preservatives used, it can be burnt as a biofuel or safely buried and composted. This is the case for boron treateated bamboo however, bamboo treated with copper-based chemicals is more difficult to safely dispose of, should not be burnt, and generally should be buried.

Any residual solution from the boron treatment can be safely diluted down and used as a fertiliser. However, overuse or simply dumping into rivers can have detrimental impacts such as eutrophication of rivers.

Scale of Production



Wood fibre insulation

Thermal insulation

Description

Wood fibre insulation, derived from discarded coniferous and deciduous wood. Products can be either rigid or flexible. The insulation is produced using residual wood and nonsawable thinnings obtained during the manufacturing of construction-grade timber. Wood fibre insulation can be used to insulate walls, floors and roofs. In general, wood fibre insulation is moisture-resistant and not prone to pests, fungi, and decay. Additionally, it can be treated to repel water, making it suitable to be placed below rainscreen cladding.

Technical Performance

Technical performance data for the Flex 036 insulation by STEICO is provided below to illustrate the achievable properties of wood fibre insulation.



THICKNESS: 40mm ≤ thickness ≤ 200mm BULK DENSITY: 60 kg/m³



REACTION TO FIRE: E (EN 13501-1) FIRE RESISTANCE: NOT AVAILABLE

THERMAL CONDUCTIVITY A: 0,036 W/mK THERMAL RESISTANCE Ro: 1.1 - 5.55 m²K/W (depending on thickness)

GWP: -84 kg CO2-eq/m³ BIOGENIC CARBON: NOT AVAILABLE

Healthy & Safe

Wood fibre panels can be made both with or without the use of additional binders, depending on the processing technique used. Wood fibre insulation products, may contain binding agents or fire retardant that emit formaldehyde and VOCs. Compliance with COSHH, REACH, ECHA, as well as local building regulations should be checked for individual products.

Responsible Sourcing

Wood fibre insulation is typically made from waste wood obtained from forestry and lumber operations. The wood used in wood fibre insulation is primarily derived from nonsawable thinning's, sawmill residues, and forest residues, such as branches and tree tops, that are typically left behind after the harvesting of timber.

There are two global certification schemes (FSC and PEFC) which ensure supplies are from sustainably managed forests. Even though wood fibre insulation is made from waste products of the timber industry, being conscious about where timber is harvested from plays a significant role in creating carbon stores and lowering greenhouse gas emissions from production.

Circularity

At the end-of-life wood fibre insulation with no binder product can be recycled into the fibre stream for other fibre products. Products contains binders can not easily be recycled, therefore, they are typically used as biomass fuel, generating energy or heat, however in this case the sequestered CO_2 will be released and further GHG emissions may occur.

ARUP



© Flex 036 by STEICO

Manufacturers

- STEICO, Germany and United Kindgom
- GUTEX, Germany
- Building Products of Canada/SmartCore, Canada
- BetonWood, Italy
- TimberHP, USA

Scale of production



Wood Wool Boards Wall lining

Description

Wood wool boards are made of an interlacing of wood fibres, water and Portland cement. The wood wool is combined with Portland cement and water to give the product the strength and structure needed to hold up in any environment. Once the three components are assembled, they are pressed into large blocks of wood fibre.

Wood wool boards are primarily used as wall linings however due to the air that is fixed between fibres, the panels have good thermal and acoustic properties too.

Technical Performance

Table below includes technical performance for *CEWOOD* construction panels to illustrate the achievable properties for this product category. As this is a Portland cement based product, wood wool boards general have better water and frost resistance, as well as, high fire resistance and mould.



1. EPD functional unit GWP calculations includes Wood Wool Boards and the use of packaging materials.

Healthy & Safe

The main component of these construction materials is wood and mineral compounds, mainly Portland cement which do not contain VOCs, heavy metals, formaldehyde or other harmful substances or allergens. In addition, in case it burns, it does not emit toxic fumes if it is burnt. Compliance with COSHH, REACH, ECHA, as well as local building regulations should be checked for individual products.

Responsible Sourcing

The wood used to manufacture wood wool panels comes from waste from other wood industries, whose raw material, trees, grow in forests around the world. Therefore, the responsible sourcing of wood fibres will depend on the management and maintenance of forests. It is important to ensure that products have sustainable forest management certifications, such as FSC and PEFC, as supporting the sustainable management of forests will ensure the responsible sourcing of wood fibres.

Besides wood fibres, Portland cement is present in a significant proportion in wood wool boards. Unfortunately, Portland cement has a high environmental cost, both in terms of CO2 emissions and raw material use. Therefore, it should be noted the importance of studying the incorporation of sustainable cements or even investigating more sustainable alternatives to cement that serve as a binder.

Circularity

At the end of their useful life, wood wool products can be recycled, reused, or used as biomass fuel (returning sequestered carbon to the atmosphere). However, surface treatments, such as paints or other wall finishes, may affect its recyclability. Manufacturers are achieving aesthetically pleasing walls that do not need additional finishing, making them easier to recycle and using less



© Wood wool Board by Cewood

Manufacturers

- · Savolit, UK
- · Celenit, Italy
- · Ceewood, Latvia
- · Knauf, Global
- · Baux, Sweden

Scale of Production



ARUP

Helsinki is set to be carbon neutral by 2030



Helsinki

Lifecycle carbon footprint for residential buildings

How 1. Research 2. Pilot 3. Market dialogue 4. Regulation



to: Jussi Heliste



Zero-level: Concrete frame, one stairwell, flat roof, brick facade, district heat (E-indicator 75), without integrated parking hall

Carbon Scored Land Sale

Green and low-carbon housing block

Competition presentation Verkkosaari, Kalasatama Blocks (AK) 10656 / 1-2

City of Helsinki

How Helsinki Structured the Land Sale



CNCA

	CARBON FOOTPRINT										
Average building project	1. Grün in der mitte (winner proposal)	2. Hiiling	3. Verkkosaaren puuverso								
~16kg/m2/a	8,46/m2/a	5,83/m2/a	<mark>11,88/m2/a</mark>								
jn .	CALCULATED TOTAL ENERGY CONSUMPTION										
National requirement in Finland / in Helsinki	1. Grün in der mitte (winner proposal)	2. Hiiling	3. Verkkosaaren puuverso								
<90 kWh/m2/a <75 kWh/m2/a	31 kWh/m2/a	39 kWh/m2/a	28 kWh/m2/a								
		= Lowe	est in the competition								

4

Helsinki

Green and low-carbon housing block

- Carbon footprint limit for new residential buildings- 16 /m²/a in 50 year timeframe
 - room for market innovations
 - many different combinations from building materials to heating systems
- Low Carbon Concreate in all infrasturcture contracts (GWP85 -> GWP60)

Project areas to be prebuilt with -50% emissions



8.9.2023



https://carbonneutralcities.org



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